



Shahid Beheshti University of Medical Sciences

## Curriculum Vitae

(Last update: September 2021)



### Personal History

Mohtasham Ghaffari (11 November 1975, Khoy, West Azarbayjan, Iran)

Ph.D, Professor of Health Education & Health Promotion,

Department of Public Health, School of Public Health & Safety, Shahid Beheshti University of Medical Sciences, Tabnak Ave., Daneshjou Blvd., Velenjak, Tehran, Iran,

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### Academic History

- Ph.D in Health Education & Health Promotion, Tarbiat Modarres University, Tehran, Iran. (2002-2007)  
Title of Thesis;  
*Comparing the efficacy of health belief model and its integrated model in HIV/AIDS education among male high school students in Tehran*
- M.Sc in Health Education & Health Promotion, Tarbiat Modarres University, Tehran, Iran. (1999-2001)  
Title of Thesis;  
*Effect of health education program on tinea capitis reduction among male primary schools of Chabahar*
- B.Sc in Nursing, Uroumia University of Medical Sciences, Uroumia, Iran. (1994-1998)

## Scientific & Professional Positions

- Professor (2018 till now)
- Associate professor (2013)
- Assistant professor (2008)
  
- Head of Public Health Department in School of Public Health & Safety, Shahid Beheshti University of Medical Sciences (2018-2020)
- Vice-Chancellor for Education in School of Public Health & Safety, Shahid Beheshti University of Medical Sciences (2018-2020)
  
- Head of Setting Up for Media Lab of Health Education & Health Promotion Department in School of Public Health & Safety, Shahid Beheshti University of Medical Sciences (2020)
  
- Member of Health Education & Health Promotion Scientific and Consultative Committee in Ministry of Health, Iran (2021 till now)
- Member of Curriculum Development Committee for PhD of Health Education & Health Promotion in Ministry of Health, Iran (2009-2010)
- Member of Health Education & Health Promotion Board in Ministry of Health, Iran (2017 till now)
- Core Member of Environmental and Occupational Hazards Control Research Center, Shahid Beheshti University of Medical Sciences, Tehran, Iran (2014 till now)
- Academic Consultant in Isfahan University of Medical Sciences (2008-2009) & Shahid Beheshti University of Medical Sciences (2009 till now)
  
- Supervisor and Advisor of PhD and MSc and MPH Theses and Dissertations (130 Cases) in the Fields of Health Education & Health Promotion, Nutrition, Elderly Health, Occupational and Environmental Health and Other Health Sciences
- Executor and Co-executor of Research Projects in the Fields of Health Education & Health Promotion (at least 100 cases)
  
- Scientific Committee Member of 5<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> National and International Congress of Health Education & Health Promotion
- Scientific Committee Member of 7<sup>th</sup>, 8<sup>th</sup>, 11<sup>th</sup>, and 13<sup>th</sup> National Meeting of Health Sciences News & Innovations
- Editorial Board Member in “Health Education & Health Promotion Quarterly” and “Journal of Health in the Field” (Iran)

## Teaching Experiences

- Teaching “*Theories & Models of Health Education & Health Promotion*” for PhD & MSc & MPH students in the fields of health education & health promotion and health sciences.
- Teaching “*Evaluation of Health Education & Health Promotion Interventions*” for PhD students in the fields of health education & health promotion.
- Teaching “*Principles & Foundations of Health Education & Health Promotion*” for PhD & MSc students in the fields of health education & health promotion.
- Teaching “*Health Communication*” for PhD & MSc students in the fields of health education & health promotion.
- Teaching “*Sociology of Health*” for PhD & MSc students in the fields of health education & health promotion.
- Teaching “*Psychology of Health Behavior*” for PhD & MSc students in the fields of health education & health promotion.

- Teaching “*Workplace Health Education & Health Promotion*” for MSc students in the fields of health education & health promotion.
- Teaching “*Technology & Educational Methods*” for PhD & MSc students in the fields of health education & health promotion.
- Teaching “*Health Promotion & High Risk Behaviors Prevention*” for PhD students in the fields of health education & health promotion.
- Teaching “*Health Communication, Theories & Models of Behavior Change, Teaching Methods & Questionnaire Development*” at workshops for faculty members and PhD students in the fields of medical and health sciences and health education & health promotion.

## Publications

- 1) **Ghaffari Mohtasham**, Niknami Shamsaddin, Mohsen Bazargan, Kazemnejad Anosheravan, Mirzaee Elaheh, Ghofranipour Fazlolah. *Correlates of the intention to remain sexually inactive among male adolescents in an Islamic country: case of the Republic of Iran*. The Journal of School Health 2009; 79(3): 123-129.
- 2) Rashidy Jahan Hojjat, **Ghaffari Mohtasham**, Tavakoli Reza, Rafati Hasan. *The impact of group discussion and film on promoting knowledge and attitudes about HIV/AIDS in medical university students: A comparing study*. World Applied Sciences Journal 2009; 6(7): 961-965.
- 3) Boroumandfar Khadijeh, Shabani Fatemeh, **Ghaffari Mohtasham**. *An investigation on the effect of health belief model-based education on refusal skills in high risk situations among female students*. IJNMR March 2012; 17(3): 1-6.
- 4) **Mohtasham Ghaffari**, Elaheh Tavassoli, Ahmad Esmailzadeh, Akbar Hassanzadeh. *Effect of health belief model-based intervention on promoting nutritional behaviors about osteoporosis prevention among students of female middle schools in Isfahan, Iran*. J Edu Health Promot 2012; 1: 14 (30 July 2012).
- 5) **Mohtasham Ghaffari**, Gholamreza Sharifirad, Esmaeil Malekmakan, Akbar Hassanzadeh. *Effect of educational intervention on physical activity-related knowledge, attitude and behavior among first grade students of male high schools in Bavanat*. J Edu Health Promot 2012; 2(4): 22-29.
- 6) Gholamreza Sharifirad, **Mohtasham Ghaffari**, Samaneh Zanjani, Akbar Hassanzadeh. *The effectiveness of educational intervention based on PRECEDE model on the level of stress among the elderly at elderly clubs*. J Edu Health Promot 2013; 2: 3 (31 January 2013).
- 7) **Ghaffari Mohtasham**, Afshari Atefeh. *Application of health belief model for predicting delivery method among pregnant women of Semirom: a cross-sectional research*. World Applied Sciences Journal 2013; 22(4): 494-499.
- 8) Najimi Arash, **Ghaffari Mohtasham**. *Promoting fruit and vegetable consumption among students: a randomized controlled trial based on social cognitive theory*. Journal of the Pakistan Medical Association October 2013; 63(10): 1235-1240.
- 9) Rakhshanderou S, Ramezankhani A, Mehrabi Y, **Ghaffari M**. *Determinants of fruit and vegetable consumption among Tehranian adolescents: a qualitative research*. Journal of Research in Medical Sciences 2014; 19(6): 1-8.
- 10) Gharlipour Zabihollah, **Ghaffari Mohtasham**, Hoseini Zahra, Barekati Hassan, Tavassoli Elaheh, Hozuri Mohammad, Arsang Jang Shahram, Reisi Mahnoush, Sahraiyani Maryam. *Investigation of*

- educational intervention based on theory of planned behavior on breakfast consumption among middle school students of Qom city in 2012. J Edu Health Promot 2015; 4: 39.*
- 11) Tazval Jafar, **Ghaffari Mohtasham**, Robati M Reza. *Threat appraisal for skin cancer among rural farmers in Ilam, Iran. Iranian Journal of Dermatology winter 2013; 16(66): 121-127.*
  - 12) Mohammad Javad Jafari, Mehdi Gharari, **Mohtasham Ghafari**, Leila Omidi, Saba Kalantari, Golam Reza Asadolah Fardi. *The Influence of Safety Training on Safety Climate Factors in a Construction Site. International Journal of Occupational Hygiene 2014; 6(2): 81-87.*
  - 13) **Mohtasham Ghaffari**, Garlipour-e-Garagani Zabihollah, Mehrabi Yadollah, Ramezankhani Ali, Movahhed-e-Majd Majid. *Premarital Sexual Intercourse-related Individual Factors among Iranian Adolescents: a Qualitative Study. Iranian Red Crescent Medical Journal 2016 February; 18(2): e21220.*
  - 14) **Mohtasham Ghaffari**, Mansoureh Moradi, Yadollah Mehrabi. *Tuberculosis-related awareness among people living in rural areas of Gorgan District: a cross sectional study. Journal of Paramedical Sciences (JPS) Spring 2015; 6(2): 2-8.*
  - 15) Sakineh Rakhshanderou, Ali Ramezankhani, **Mohtasham Ghaffari**, Yadollah Mehrabi. *Socio-demographic Factors and Fruit and Vegetable Consumption among Tehranian Adolescents: a Cross-sectional Study. Health Education and Health Promotion (HEHP) 2015; 2(1): 63-73.*
  - 16) **Ghaffari M**, Gharlipour Gharghani Z, Rakhshanderou S. *The Relationship between Religious Beliefs and Behaviors and the Intention of Premarital Sexual Abstinence among Iranian Youths. Health, Spirituality and Medical Ethics 2015; 2(2): 2-7.*
  - 17) Akbar Babaei Heydarabadi, Ali Ramezankhani, **Mohtasham Ghaffari**, Yadollah Mehrabi, Zare Sajjad. *How do the staffs working in steel factories in Ardakan city deal with the risks of mobile phones? Acta Medica Mediterranea 2016; 32(Special Issue 2): 909-913.*
  - 18) Ali Ramezankhani, Akbar Babaei Heydarabadi, **Mohtasham Ghaffari**, Yadollah Mehrabi, Sadegh Kazemi. *Features of a Health-Oriented Education Program during Daily Commutes: A Qualitative Study. Electronic Physician June 2016; 8(6): 2515-2523.*
  - 19) **Ghaffari Mohtasham**, Nasirzadeh Mostafa, Rakhshanderou Sakineh, Hafezi Bakhtiari Mona, Harooni Javad. *Osteoporosis-related Knowledge among Students of a Medical Sciences University in Iran: Calcium Intake and Physical Activity. Journal of Medicine and Life 2015; 8(Special Issue 4): 203-208.*
  - 20) **Ghaffari M**, Gharlipour Z, Rakhshanderou S. *Related Factors of the Preventing Behaviors of HIV/AIDS among Young People: Applying the Extended Health Belief Model (EHBM). Int J Pediatr 2016; 4(8): 2317-2328.*
  - 21) Tavassoli E, **Ghaffari M**. *Increasing physical activity for osteoporosis prevention among female students of Isfahan: a theory-based interventional study. J Hum Health 2015; 1: 72-76.*
  - 22) Ramezankhani A, **Ghaffari M**, Mehrabi Y, Kashfi SH, Babaei Heydarabadi A. *The Educational Intervention on People's Behavior in terms of the Microbial Contaminations of Mobile Phones and the Possible Adverse Effects of their Beam. Int J Pediatr 2016; 4(12): 3977-3987.*

- 23) Azam Mohamadloo, **Mohtasham Ghaffari**. *ASSESSING A MEDIA PRODUCTION WORKSHOP BASED ON KIRKPATRICK EVALUATION MODEL*. Journal of Medical Education Summer 2016; 15(3): 149-156.
- 24) Esmaeilzadeh F, Azarkeivan A, Emamgholipour S, Akbari Sari A, Yaseri M, Ahmadi B, **Ghaffari M**. *Economic Burden of Thalassemia Major in Iran, 2015*. J Res Health Sci 2016; 16(3): 111-115.
- 25) **Ghaffari M**, Nasirzadeh M, Rakhshanderou S, Ramezankhani A. *Some of the Strongest Predisposing Factors on the Behavior of Tooth Brushing among Iranian School Age Children*. Int J Pediatr 2017; 5(4): 4783-4791.
- 26) Leila Darabi, Farkhondeh Amin Shokravi, **Mohtasham Ghaffari**. *Comparison of two methods of direct and indirect education on osteoporosis preventive behaviors among female students in grade seven of the city Andisheh*. Int J Pediatr 2017; 5(7): 5483-5492.
- 27) Leila Darabi, Farkhondeh Amin Shokravi, **Mohtasham Ghaffari**. *Assessment of Designed Pamphlet of Osteoporosis Knowledge of Girl Students*. Health Education and Health Promotion (HEHP) 2015; 3(4): 27-36.
- 28) **Mohtasham Ghaffari**, Sakineh Rakhshanderou, Afsoon Tizvir. *Using Social Network of TELEGRAM for Education on Continued Breast Feeding and Complementary Feeding of Children among Mothers: a Successful Experience from Iran*. Int J Pediatr 2017; 5(7): 5275-5286.
- 29) **Ghaffari M**, Hatami H, Rakhshanderou S, Karimi H. *Effectiveness of Snack-centered Nutrition Education on Promoting Knowledge, Attitude, and Nutritional Behaviors in Elementary Students*. Int J Pediatr 2017; 5(12): 6495-6502.
- 30) **Ghaffari M**, Atefeh Afshari, Rakhshanderou Sakineh, Armoon Bahram. *Using Theory Of Planned Behavior For Prediction of Delivery Mode Among Pregnant Women: A Theory-based Cross-sectional Research*. International Journal of Adolescent Medicine and Health (IJAMH) 2020; 32(2): 2017-0106.
- 31) **Ghaffari Mohtasham**; Rakhshanderou Sakineh; Ramzankhani Ali; Yvonne A.B; Noroozi Mehdi; Armoon Bahram. *Are Educating and Promoting Interventions effective in Oral Health? A Systematic Review*. International Journal of Dental Hygiene 2018 Feb; 16(1): 48-58.
- 32) **Ghaffari M**, Rakhshanderou S, Ramzankhani A, Noroozi M, Armoon B. *Oral health education and promotion programmes: Meta-analysis of 17-year intervention*. Int J Dent Hygiene 2018 Feb; 16(1): 59-67.
- 33) Mortazavi Z, Dorosty A R, Eshraghian M R, **Ghaffari M**, Ansari-Moghaddam A R. et al. *Household Food Insecurity and Its Association with Self-reported Infectious and Parasitic Diseases Among Household Mothers in Southeast of Iran*. Health Scope 2017; 6(3): e15125.
- 34) Zinat Mortazavi, Ahmad Reza Dorosty, Mohammad Rreza Eshraghian, **Mohtasham Ghaffari**, Ali Reza Ansari-Moghaddam and M. Mahammadi. *Household Food Insecurity in Southeastern Iran: Severity and Related Factors*. International Journal of Food Science, vol. 2017, Article ID 7536024, 7 pages, 2017. doi:10.1155/2017/7536024
- 35) **Ghaffari M**, Rakhshanderou S, Ramezankhani A, Noroozi M, Armoon B. *Exploration of Brushing Behavior among University Students in Iran: A Qualitative Research*. International Journal of Adolescent Medicine and Health (IJAMH) 2020; 32(2): 2017-0115.

- 36) Eslami A, **Ghaffari M**, Sohbatloo V, Fanaei F. *Safety Assessment of Zanjan Drinking Water System Using Water Safety Plan*. J. Hum. Environ. Health Promot 2017; 2(3): 138-146.
- 37) **Ghaffari M**, Rad TN, Mohammadi S, Rakhshanehrou S. *The effect of an intervention on the breast cancer screening behavior in women: Application of integrated behavioral model*. Int J Prev Med 2018; 9: 99.
- 38) **M Ghaffari** & M. Latifi & C. A. Rocheleau & K. Najafizadeh & S. Rakhshanderou & A. Ramezankhani. *Using the theory of planned behavior framework for designing interventions related to organ donation*. Ir J Med Sci. 2018 Aug; 187(3): 609-613. Doi: 10.1007/s11845-017-1698-5. Epub 2017 Oct 24.
- 39) Leila Ebadi; Sakineh Rakhshanderou; **Mohtasham Ghaffari**. *Determinants of Fast Food Consumption among Students of Tehran: Application of Planned Behavior Theory*. Int J Pediatr 2018; 6(10): 8307-8316.
- 40) Eslami A, **Ghaffari M**, Barikbin B, Fanaei F. *Assessment of safety in drinking water supply system of Birjand city using World Health Organization's water safety plan*. Environ. Health eng. manag. 2018; 5 (1): 39-47.
- 41) **Ghaffari M**, Armoon B, Rakhshanderou S, Mehrabi Y, Soori H, Simsekoghlu O, Harooni J. *Determinants of seat belt use behaviour: a protocol for a systematic review*. BMJ Open 2018; 8(5): e020348. Doi: 10.1136/bmjopen-2017-020348.
- 42) Aso SALAHYAN, Sakineh RAKHSHANDEROU, **Mohtasham GHAFFARI**, Yadollah MEHRABI. *Assessment of Physical Activity among Adolescent Girls in the West of Iran: Status, Limitations and Solution*. Iran J Public Health. Jun 2018; 47(6): 914-916.
- 43) Rezaei O, Bayani A, Mokhayeri Y, Waye K, Sadat Y, Haroni J, Latifi M, Mohammadi R, **Ghaffari M**, et al. *Applying psychoeducational program on general health and communication skills in caregivers of patients with schizophrenia: A randomized controlled trial*. European Journal of Psychiatry 2018; 32(4): 174-181.
- 44) **Ghaffari M**, Rakhshandehroo S, Mehrabi Y, Besharati Far S. *A Study of the Beliefs of Female Students in Pakdasht City about Obese People and the Related Factors*. J Hum Environ Health Promot. 2018; 3(2): 102-106.
- 45) **Ghaffari, M.**, Esfahani, S.N., Rakhshanderou, S., Koukamari, P.H. *Evaluation of Health Belief Model-Based Intervention on Breast Cancer Screening Behaviors among Health Volunteers*. Journal of Cancer Education 2019; 34(5): 904-912.
- 46) **Mohtasham Ghaffari**, Sanaz Nasiri Esfahani, Fatemeh Mohammadkhah, Ali Safari-Moradabadi, Parisa Kasmaei. *Predictors of breast self-examination based on the health believes model of health workers in Isfahan*. Revista Publicando. 2018; 15(2): 336-351.
- 47) **Mohtasham Ghaffari**, Sakineh Rakhshanderou, Ali Safari-Moradabadi, Sohila Torabi. *Oral and dental healthcare during pregnancy: evaluating a theory-driven intervention*. Oral Diseases. 2018; 24(8): 1606-1614.
- 48) Rakhshanderou, S., **Ghaffari, M.**, Rafie, M. *Application of health belief model to survey determinants of osteoporosis-related preventive behaviors among Iranian adolescents*. Annals of Tropical Medicine and Public Health 2017; 10(4): 897-903.

- 49) Rakhshanderou, S., Ramezankhani, A., Mehrabi, Y., **Ghaffari, M.** *Adolescent's awareness of fruit and vegetable consumption in Iran: An unacceptable status.* Annals of Tropical Medicine and Public Health 2018; 4(Special Issue): S135.
- 50) **Ghaffari Mohtasham**, Rakhshanderou Sakineh, Harooni Javad, Mehrabi Yadollah, Ebrahimi Azar. *Prenatal Interventional Program about Mothers' Behavior related to Exclusive Breast Feeding: Findings of Planned Behavior Theory-based Research.* Journal of Lifestyle Medicine. 2019; 9(1): 1-10.
- 51) **Ghaffari Mohtasham**, S. Rakhshanderou, K. Najafizadeh, C. A. Rocheleau, M. Latifi. *Determinants of medical students for Intention to organ donation: Application of Theory of planned behavior.* Saudi Journal of Kidney Diseases and Transplantation. 2019; 30(6): 1375-1380.
- 52) **Mohtasham Ghaffari**, Sakineh Rakhshanderou, Yadollah Mehrabi, Ali Ramezankhani, Bita Shahbazzadegan. *Effect of Theory-based Environmental-behavioral Interventions with SFS Approach on Fruit & Vegetable Consumption among Adolescents.* Crescent Journal of Medical and Biological Sciences. July 2019; 6(3): 1-9.
- 53) Shahnaz Hajisahneh, Sakineh Rakhshanderou, Ali Ramezankhani, Yadollah Mehrabi, Emran M Razzaghi, **Mohtasham Ghaffari.** *Characteristics of smokers attending smoking cessation clinics: A research from Iran.* Drug Invention Today. 2019; 11(5): 1055-1060.
- 54) **Mohtasham Ghaffari**, Sakineh Rakhshandehrou, Jafar Tezval, Javad Harooni, Bahram Armoon. *Skin cancer-related coping appraisal among farmers of rural areas: Applying protection motivation theory.* J Cosmet Dermatol 2019; 18(6): 1830-1836.
- 55) Sakineh Dadipoor, Saeideh Shahsavari, **Mohtasham Ghaffari**, Sakineh Rakhshanderou, Ali Safari-Moradabadi. *Iranian school students' awareness of and attitude towards HIV/AIDS: a systematic review.* International Journal of Adolescence and Youth 2020; 25(1): 240-250.
- 56) **Mohtasham GHAFFARI**, Yadollah MEHRABI, Sakineh RAKHSHANDEROU, Ardeshir KHOSRAVI, Hooman BAKHSHANDEH , Narjes TAVAKOLIKIA, Elham ELAHI. *The Psychometric Assessment of the HIV/AIDS Questionnaire in the Multiple-Indicator Cluster Survey (MICS-6).* Iran J Public Health. 2019; 48(5): 956-962.
- 57) Mohammad Ali Morowatisharifabad, **Mohtasham Ghaffari**, Yadolah Mehrabi, Samad Zare, Jafar Askari, Somayeh Alizadeh. *Effectiveness of interventions based on Lazarus and Folkman transactional model on improving stress appraisal for hemodialysis patients in Tehran.* Saudi Journal of Kidney Diseases and Transplantation. 2020; 31(1): 150-159.
- 58) Mohammad Ali Morowatisharifabad, **Mohtasham Ghaffari**, Yadolah Mehrabi, Samad Zare, Jafar Askari, Somayeh Alizadeh. *Experiences of stress appraisal in hemodialysis patients: a theory-guided qualitative content analysis.* Saudi Journal of Kidney Diseases and Transplantation. 2020; 31(6):1294–1302.
- 59) **Ghaffari M**, Morowatisharifabad MA, Mehrabi Y, Zare S, Askari J, Alizadeh S. *What Are the Hemodialysis Patients' Style in Coping with Stress? A Directed Content Analysis.* IJCBNM 2019; 7(4): 309-318.
- 60) Sakineh Rakhshandehrou, **Mohtasham Ghaffari**, Ali Ramezankhani, Nasrin Shirvani. *Breakfast consumption-related attitudes among girl adolescents: applying an indirect measurement.* International Journal of Adolescent Medicine and Health 2021; 33(3): 143–150.



- 61) Sakineh Rakhshandehrou, **Mohtasham Ghaffari**, Ali Ramezankhani, Leila Gholami Dastanaee. *Predictors of puberty-related health behaviors among girl adolescents in Chahar Mahal Bakhtiari*. International Journal of Adolescent Medicine and Health 2021; 33(3): 115–122.
- 62) Dadipoor, S., Shahsavari, S., **Ghaffari, M.**, Hossein Farshidi, Alavi, A., Safari-Moradabadi, A. *A case-control study on lifestyle-related factors of hypertension in Iran*. Journal of Public Health (Germany) 2021; 29(1): 69–74.
- 63) Yarmohammadi S, Momenyan S, **Ghaffari M**, Ali R, Azizpour M. *Impact of functional, communicative and critical health literacy on glycemic control among patients with type 2 diabetes, and the mediating role of self-care*. Psychology Research and Behavior Management 2019; 12: 427-435.
- 64) Niksadat N, Rakhshanderou S, Negarandeh R, Ramezankhani A, Vasheghani Farahani A, **Ghaffari M**. *Development and Psychometric Evaluation of Andragogy-based Patient Education Questionnaire (APEQ)*. American Journal of Health Education 2019; 50(6): 390-397.
- 65) Sakineh Dadipoor, Gerjo Kok, Teamur Aghamolaei, Ali Heyrani, **Mohtasham Ghaffari**, Amin Ghanbarnezhad. *Factors associated with hookah smoking among women: A systematic review*. Tob. Prev. Cessation 2019; 5(August): 26.
- 66) Sakineh Dadipoor; Gerjo kok; Teamur Aghamolaei; **Mohtasham Ghaffari**; Ali Heyrani; Amin Ghanbarnezhad. *Explaining the determinants of hookah consumption among women in southern Iran: A Qualitative Study*. BMC Public Health 2019; 19(1): 1655.
- 67) Soudabeh Yarmohammadi, Hossein Mozafar Saadati, **Mohtasham Ghaffari**, Ali Ramezankhani. *A systematic review of barriers and motivators to physical activity in aged adults in Iran and worldwide*. Epidemiol Health 2019; 41: e2019049.
- 68) Zinat Mortazavi, Ahmad Reza Dorosty, Mohammad Reza Eshraghian, **Mohtasham Ghaffari**, Alireza Ansari Moghaddam. *Nutritional Education and Its Effects on Household Food Insecurity in Southeastern Iran*. Iranian Journal of Public Health 2021; 50(4): 798–805.
- 69) Mollaei P, Abolfathi Momtaz Y, **Ghaffari M**, Taheri Tanjani P. *The effect of cyberspace-based education on care burden in caregivers who care about elderly with dementia*. Int J Health Stud 2018; 4(4): 16-21.
- 70) Fatemeh Shabani, **Mohtasham Ghafari**, Zahra Boroumandfar. *Educating to Say 'no' to Reject High-Risk Suggestions through Roleplaying Model Among Middle School Students*. The Open Public Health Journal 2020; 13: 7-13.
- 71) Sakineh Rakhshanderou, Ali Safari-Moradabadi, **Mohtasham Ghaffari**. *Structural Equation Modeling of the Spirituality and Self-efficacy among College Students*. Journal of Religion and Health 2021; 60(1): 488–499.
- 72) **Mohtasham Ghaffari**, Sakineh Rakhshanderou, Mostafa Nasirzadeh, Mohammad Asadpour. *Oral Health Behavior and Its Relationship with Quality of Life among 12 Year-old Children of Rafsanjan in 2017-18*. Journal of Kerman University of Medical Sciences 2019; 26(6): 420-429.
- 73) **Ghaffari M**, Rakhshanderou S, Gharlipour Z, Khalajabadi Farahani F, Ramezani T, Izadkhah F. *Students' Perspective on Factors Influencing Premarital Sexual Intercourse*. J Holist Nurs Midwifery. 2020; 30(2): 111-119.



- 74) **Ghaffari M**, Rakhshanderou S, Ramezankhani A, Mehrabi Y, Safari-Moradabadi A. *Protocol of the TOHLA instrument: A test of oral health literacy in adults*. J Edu Health Promot 2020; 9: 11.
- 75) Sharifnia F, **Ghaffari M**, Rakhshanderou S. *Psychometric properties of the Persian version of nutrition literacy scale in the elderly*. J Edu Health Promot 2019; 8: 254.
- 76) Sakineh Rakhshanderou, **Mohtasham Ghaffari**, Fatemeh Tajedini. *Predictors of exclusive breastfeeding in women: Using planned behavior theory*. J Adv Pharm Edu Res 2019; 9(S2): 162-167.
- 77) Sakineh Dadipoor, Gerjo Kok, Ali Heyrani, Teamur Aghamolaei, **Mohtasham Ghaffari**, Amin Ghanbarnezhad. *An intervention development for cessation of hookah smoking among Iranian women: study protocol for a systematic and theory-based approach to intervention design*. Addict Sci Clin Pract 2020; 15(1): 6.
- 78) Izadkhah FS, **Ghaffari M**, Mohebi S, Gharlipour Z, Ahmadi Z. *Educational needs assessment of faculty members of Qom University of Medical Sciences, (Iran)*. Qom Univ Med Sci J 2019; 13(9): 69-79. [Full Text in Persian]
- 79) Rakhshanderou S, **Ghaffari M**, Pooresmaeildorosteh A. *Determinants of Preparing Healthy Breakfast and Snacks for School Children by Mothers*. J Community Health Research. 2019; 8(4): 237-244.
- 80) Sakineh Dadipoor, Gerjo Kok, Ali Heyrani, Teamur Aghamolaei, **Mohtasham Ghaffari** & Amin Ghanbarnezhad. *Explaining the determinants of hookah smoking cessation among southern Iranian women: a qualitative study*. Journal of Substance Use. 2020; 25(5): 469-474.
- 81) **Mohtasham Ghaffari**, Yadollah Mehrabi, Sakineh Rakhshanderou, Ali Safari-Moradabadi and Seyyede Zeinab Jafarian. *Effectiveness of a health intervention based on WHO food safety manual in Iran*. BMC Public Health. 2020; 20(1): 401.
- 82) **Mohtasham Ghaffari**, Sakineh Rakhshanderou, Yadollah Mehrabi, Hamid Soori, Ozlem Simsekoglu, and Javad Harooni. *Determinants of Bus Seat Belt Usage Behavior: A Qualitative Study*. Journal of Population and Social Studies. 2020; 28(3): 191-209.
- 83) **Mohtasham Ghaffari**, Sakineh Rakhshanderou, Ali Ramezankhani, Yadollah Mehrabi, Ali Safari-Moradabadi. *Systematic review of the tools of oral and dental health literacy: assessment of conceptual dimensions and psychometric properties*. BMC Oral Health 2020; 20(1): 186.
- 84) Sakineh Rakhshanderou, Maryam Maghsoudloo, Ali Safari-Moradabadi, **Mohtasham Ghaffari**. *Theoretically designed interventions for colorectal cancer prevention: a case of the health belief model*. BMC Medical Education 2020; 20: 270.
- 85) Dadipoor S, **Ghaffari M**, Safari-Moradabadi A. *University students and AIDS: a systematic review of knowledge, attitudes towards AIDS in Iran*. International Journal of Adolescence and Youth 2020; 25(1): 861-871.
- 86) Dadipoor, S., Heyrani, A., Aghamolaei, T., Ghanbarnezhad, A., **Ghaffari, M**. *Predictors of Hookah Smoking among Women in Bandar Abbas, Southern Iran: A Cross-Sectional Study Based on the Intervention Mapping Protocol*. Substance Use and Misuse 2020; 55(11): 1800-1807.
- 87) **Ghaffari M**, Tezval J, Rakhshanderou S, Hevey D, Harooni J, Armoon B. *Skin cancer preventive behaviours among rural Illam farmers, western Iran: applying protection motivation theory*. Rural Society 2020; 29(2): 89-99.

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